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# YOU ARE WHAT YOU DO.

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*Presented by Miss Ally*

6/10/2025

# SESSION 1

*Overview*

*Looking ahead*

*Finding our why*

*Growth Mindset*

*Q & A*

|       |                |
|-------|----------------|
|       |                |
| TOPIC | Growth Mindset |
|       |                |

# GRADE LEVEL

11<sup>th</sup> and 12<sup>th</sup> grade students



# QUESTION OF THE DAY:

Where do you want to be in a year?  
Your ideal place, job, self, mindset.



# GROWTH MINDSET

What is stopping you from having your ideal  
life a year from now?

# DATA TO PROVE NEED FOR PROGRAM

Needs assessment from teachers and staff

Data from grades and attendance from the year prior

Students mental health and motivation for school



# PRE-AIA SPECIALTY STANDARD(S)

PREVENTION

INTERVENTION

ADVOCACY

LEADERSHIP

# NEEDS ASSESSMENT

I asked the teachers a series of questions about what program the students could benefit in most. They said motivation, so I felt out if a growth mindset would work

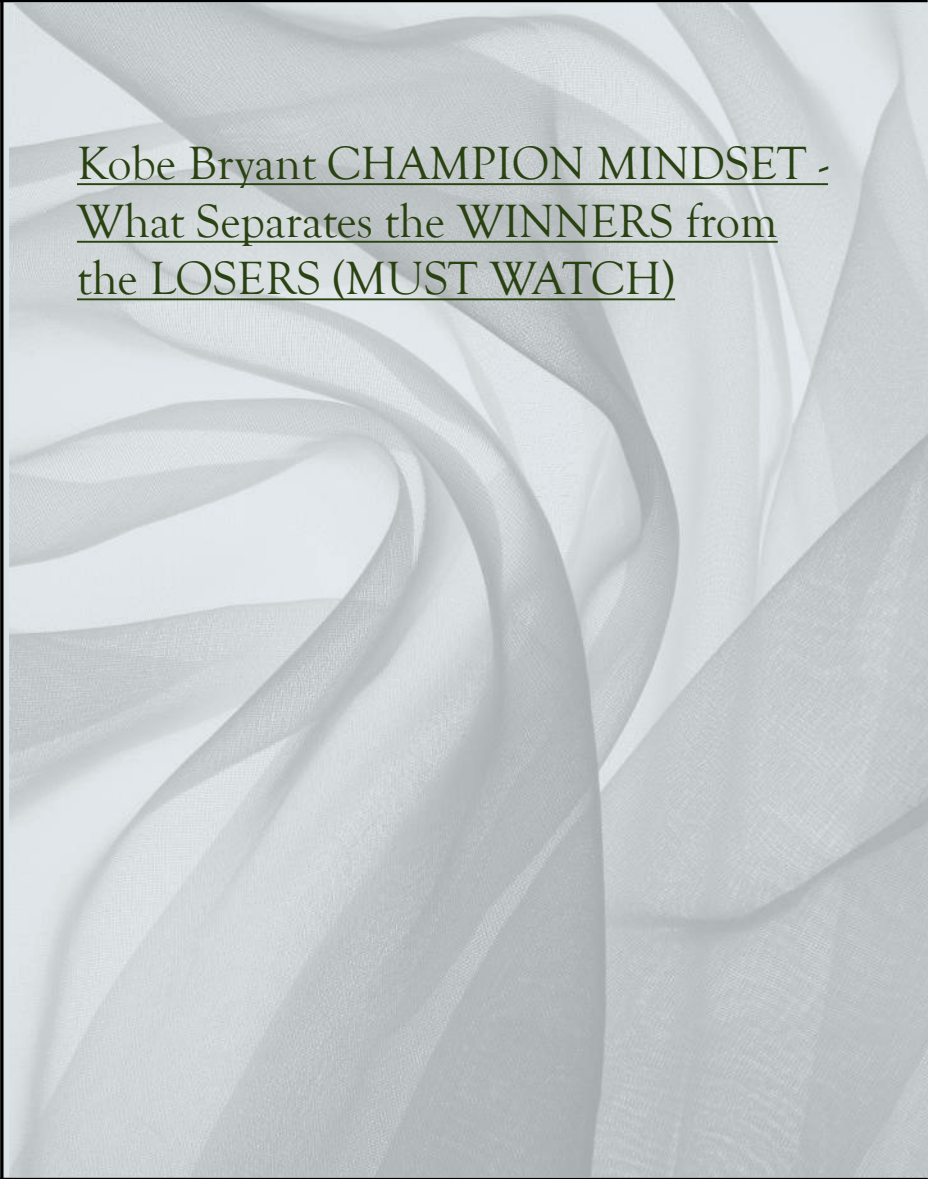
I asked if you could think of one program to bring into the school what would you pick?

Would growth mindset training help students with participation and motivation in class?

Right when I brought up growth mindset, the teachers were sold.

# WHAT IS THE DIFFERENCE BETWEEN YOU AND KOBE BRYANT?

Kobe Bryant CHAMPION MINDSET -  
What Separates the WINNERS from  
the LOSERS (MUST WATCH)



# SCREENING PROCESS

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The teachers asked me if they could pick the students they wanted in this group, so screening was not a necessity. It was more or less hand picked because the teachers knew who needed it

# CONFLICT/CULTURE

The population was 100% colored so this was a big topic.

Learning culture norms

Having open conversation and debates

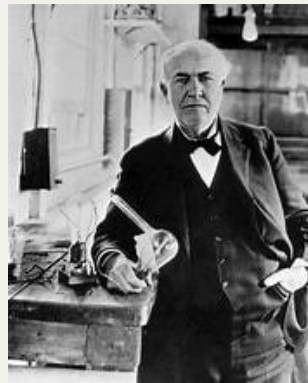
Conflict resolution when debates go against each other

# SCHOOL AS A STEPPING STONE

Why does school matter?

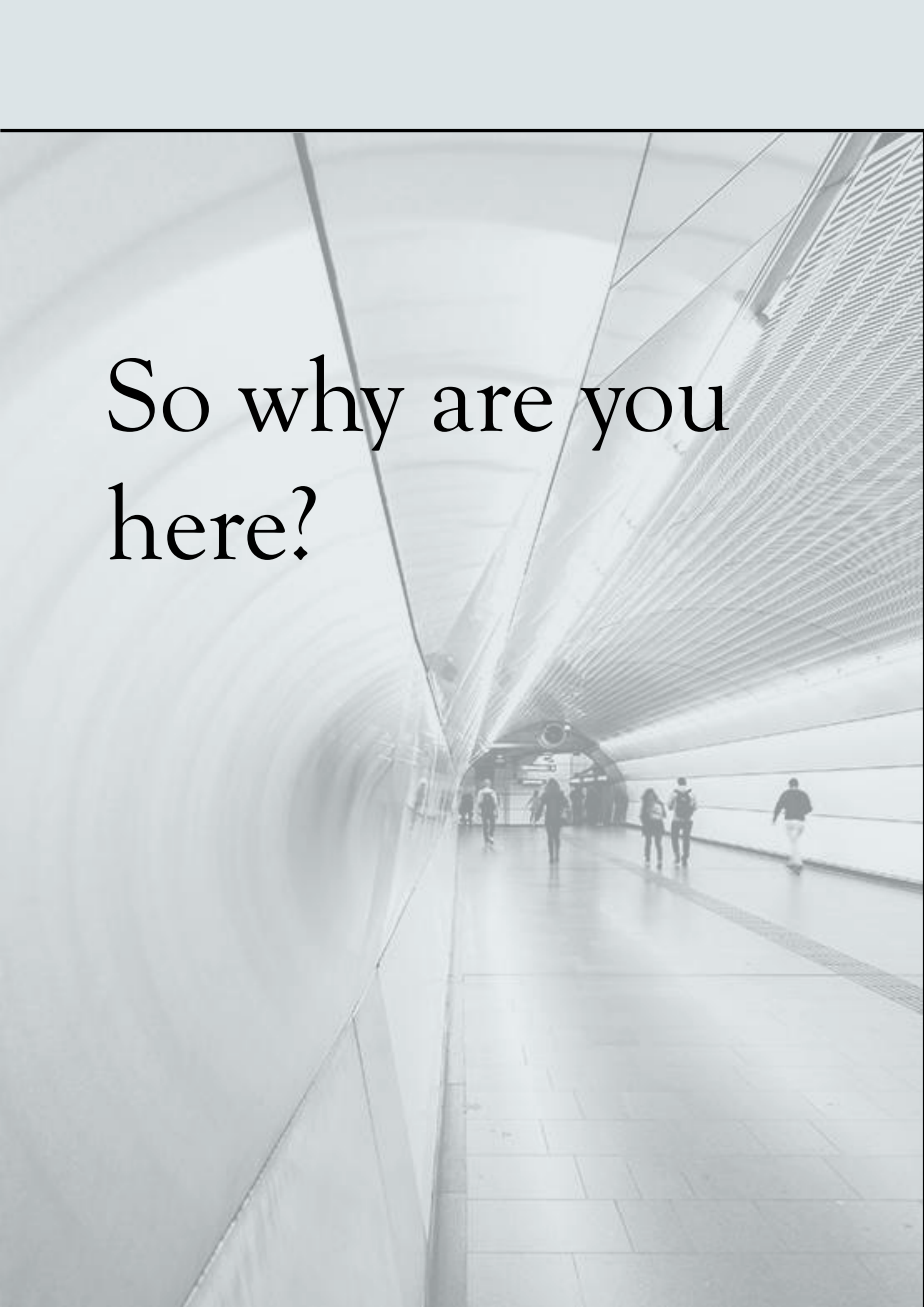
There are billionaires who never went to school

"Many of life's failures are people who did not realize how close they were to success when they gave up." – Thomas Edison



So why do you need school?

YOU DON'T



So why are you  
here?

Because you need to learn to do what you said you would do  
even when you don't "feel like it"

Q&A



# DATA COLLECTION

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Pre/Post question

Prequestion!!!!

What is an example of a growth mindset?

- A. Internal locus of control (self-influence success)
- B. Thinking about what you want
- C. Being open minded to whatever outcome happens
- D. Having talent