

COUC 505(A): Final Skills Competency Scale Rubric (Consultant)

General overview

Assessment Standards

CACREP-2016.2.F.5.d ethical and culturally relevant strategies for establishing and maintaining in-person and technology-assisted relationships  
CACREP-2016.2.F.5.e the impact of technology on the counseling process  
CACREP-2016.2.F.5.f counselor characteristics and behaviors that influence the counseling process  
CACREP-2016.2.F.5.g essential interviewing, counseling, and case conceptualization skills

|                                                                                                                                             | Exceeds (4,000 pts)                                                                                                                             | Meets (3,000 pts)                                                                                                                             | Emerging (2,000 pts)                                                                                                                      | Insufficient (1,000 pt)                                                                                                                       | No Evidence (0,000 pt)                                                                                                                 | Meets (3 pts) |
|---------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|---------------|
| Relevant Strategies for Establishing and Maintaining Therapeutic Relationships (1,000, 33.3%)<br>CACREP 2016.2.F.5.d<br>CACREP 2016.2.F.5.e | Exceeds expectations at using relevant strategies for establishing and maintaining therapeutic in-person and technology-assisted relationships. | Meets expectations at using relevant strategies for establishing and maintaining therapeutic in-person and technology-assisted relationships. | Emerging ability to use relevant strategies for establishing and maintaining therapeutic in-person and technology-assisted relationships. | Insufficient ability to use relevant strategies for establishing and maintaining therapeutic in-person and technology-assisted relationships. | No evidence of using relevant strategies for establishing and maintaining therapeutic in-person and technology-assisted relationships. |               |

Comments:

|                                                                          | Exceeds (4,000 pts)                                                                                                                      | Meets (3,000 pts)                                                                                                                        | Emerging (2,000 pts)                                                                                                              | Insufficient (1,000 pt)                                                                                                          | No Evidence (0,000 pt)                                                                                                          | Meets (3 pts) |
|--------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|---------------|
| Counseling and Interviewing Skills (1,000, 33.3%)<br>CACREP 2016.2.F.5.g | Exceeds expectations at identifying and focusing on relevant counseling content in a session through counseling and interviewing skills. | Exceeds expectations at identifying and focusing on relevant counseling content in a session through counseling and interviewing skills. | Emerging ability to identify and focusing on relevant counseling content in a session through counseling and interviewing skills. | Insufficient at identifying and focusing on relevant counseling content in a session through counseling and interviewing skills. | No evidence of identifying and focusing on relevant counseling content in a session through counseling and interviewing skills. |               |

Comments:

|                                                                                | Exceeds (4,000 pts)                                                                                                     | Meets (3,000 pts)                                                                                                     | Emerging (2,000 pts)                                                                                              | Insufficient (1,000 pt)                                                                                         | No Evidence (0,000 pt)                                                                                         | Meets (3 pts) |
|--------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|---------------|
| Cultural Sensitivity (1,000, 33.3%)<br>CACREP 2016.2.F.5.d CACREP 2016.2.F.5.f | Exceeds expectations at demonstrating cultural sensitivity when interacting with individuals from a diverse population. | Meets expectations at demonstrating cultural sensitivity when interacting with individuals from a diverse population. | Emerging ability to demonstrate cultural sensitivity when interacting with individuals from a diverse population. | Insufficient at demonstrating cultural sensitivity when interacting with individuals from a diverse population. | No evidence of demonstrating cultural sensitivity when interacting with individuals from a diverse population. |               |

Comments:

This is a scale to assess counseling skills. Please rate the student numerically (0-10) using the following 15 skills items from "Advanced" to "Not Present".

Please add additional thoughts to explain your rationale for giving the points you chose above in section comments below.

| Advanced | Proficient | Developing | Not Present |
|----------|------------|------------|-------------|
| 10 - 9   | 8-7        | 6-5        | 0           |

Eye Contact and Attending Skills

Advanced (10 pts)

Comments:

Attentive

Verbal Tone and Minimal Encouragers

Advanced (10 pts)

Comments:

Your family is proud and you should be proud; Congratulations!

Facial Expression and Gestures

Advanced (10 pts)

Comments:

Focused

Empathy

Advanced (10 pts)

Comments:

Whatever you're most comfortable with

Being Non-judgmental/ Unconditional Positive Regard

Advanced (10 pts)

Comments:

discussed client conflicts between college and work; take your time

Active Listening

Advanced (10 pts)

Comments:

engaged

Open-Ended Questions

Proficient (8 pts)

Comments:

So how are you feeling with that? What do you know about: FAFSA? Do you learn better by doing or being hands-on?

Be mindful of closed: Have you really kind of looked around and looked at the different College cultures and the locations? Do you have any questions about it?

Reflection (Feelings, Meaning, Content)

Proficient (8 pts)

Comments:

I know you're struggling with decision; So that could be scary

Paraphrasing

Proficient (8 pts)

Comments:

It's very difficult to navigate; Finding where your comfort level is

Summarizing

Proficient (8 pts)

Comments:

Summarized plans for next session and expectations over next week

Challenging/Confrontation

Developing (7 pts)

Comments:

Take your time so you don't end up with another conflict.

Immediacy

Proficient (8 pts)

Comments:

It seems like you want to dabble/want both. Figure out what you want and don't want

Self-Disclosure

Developing (7 pts)

Comments:

I can attest to that. I hate driving through ATL

Goal Setting

Proficient (8 pts)

Comments:

Discussed client reflecting on what she prefers to do

Wrapping up the Session

Developing (7 pts)

Comments:

Thanked client for coming in and offered to help with schools

Section Comments:

Good job: Continue working on minimizing closed questions and challenge/confrontation.

Evaluation Score Summary

| Title:             | Score  | Adj. Score |           |
|--------------------|--------|------------|-----------|
| Primary Evaluation | 129.00 | 129.00     | Finalized |
| SCORE:             | 129.00 | 129.00     |           |