

Resource Guide Assignment

COSC 661: School Counseling Program Development and Evaluation

Katharine Sandvick



Table of Contents

Hotlines and Crisis Assistance.....	Slide 3
Community Agencies.....	Slide 4
Family Service Agencies/Parenting Resources.....	Slide 5
Private Therapists, Counselors, Psychologists, and Psychiatrists	Slide 6
Medical Resources.....	Slide 7
Residential Placements and Treatment Centers.....	Slide 8
School Counselor Resources.....	Slide 9

Hotlines and Crisis Assistance

Name	Contact Information	Services Offered
Gillette Abuse Refuge Foundation (GARF)	24 HOUR CRISIS LINE 307-686-8070	Garf provides a refuge in a safe house for individuals experiencing abuse. Other services offered to victims include programs such as support groups, educational and life skills support, and protection orders.
Wyoming Department of Family Services	307-777-7564	Wyoming Department of Family services focuses on protecting children within the home, providing support and opportunities for parents and those who support the parents. Some services include, options for elderly and disabled, protective measures, adoption, juvenile information, child care and much more.
Y.E.S. House Crisis Shelter	24/7 Crisis Shelter (307) 686-7539	The Crisis Shelter assists 10-17 year olds. It provides a place for teens to stay for approximately 1 week. There is also support for parents. The teens participate in volunteer activities, learn life skills and do chores around the facility. The Crisis Shelter is available 24/7.
988 Lifeline in Wyoming	988 24/7 suicide prevention hotline	This hotline is a confidential crisis and suicide hotline available 24/7. A trained counselor will be available to discuss mental health issues, suicidal ideation, or substance abuse. The counselor will aid in arranging and assessing the next steps needed.

Community Agencies

Name	Contact Information	Services Offered
Women, Infant and Children (WIC)	307-686-8560	WIC focuses their efforts on women who are pregnant or breastfeeding, children and infants who need proper nutrition. They provide information on recipes, proper foods, referrals to doctors or other basic needs, and immunizations.
Food Bank of Wyoming	307-265-2172	The Food Bank of Wyoming works with partners to give food to those in need. There are agencies in each county in Wyoming. Their website offers nutrition programs that provide nutritious recipe ideas. By typing in your location you can find a list of food distributors in your town.
Climb Wyoming	Call: 307-778-4126 Email: info@climbwyoming.org	Climb Wyoming supports single mothers and children by providing career opportunities and support to single mothers. Each of their services aligns the mother with overall success. Services include, child care, legal help, housing, career training, available jobs and ongoing support after graduation.
CCH Behavioral Health Services	307-688-5000 Campbell County Health BHS Crisis Line: 307-688-5555 after hours, weekends, and holidays	Behavioral health services provides personalized treatment plans focusing on mental health issues, behavioral disorders, and treatment for substance use. The professional team including social workers, nurses, therapist and psychiatrist work to create a treatment plan.

Family Service Agencies/Parenting Resources

Name	Contact Information	Services Offered
Y.E.S. House	(307) 686-0669	The Y.E.S. House provides transitional housing for Youth. Treatment services included individual, group and family counseling. Life skills and independence skills are taught. Treatment focusing on substance abuse is offered. Educational services are also offered for student success.
Children's Developmental Services of Campbell County	(307) 682-2392	The Children's Developmental center conducts developmental screenings, offers Early childhood education and intervention for children ages 3-5. Works with families through home visits and at the center to provide evaluations and observations.
Women's Resource Center	Call/Text: 307-685-2211	Women's Resource Center supports women by offering free pregnancy tests, STD testing, ultrasounds, adoption information and much more. There are also services that offer support to Men i.e. classes for new fathers.
Boys and Girls Club of Campbell County	(307) 685-1050	The Boys and Girls Club offers before and after school programs for ages 5-18. Services include mentorship, tutoring, STEM activities, healthy habits, and leadership opportunities.

Private Therapists, Counselors, Psychologists, and Psychiatrists

Name	Contact Information	Services Offered
Counseling and Play Therapy Center	(307) 217-2161	The Play Therapy center provides traditional therapy and play therapy for children ages 2-12. Jungian sandplay is offered as well as EMDR therapy.
The Counseling Center	(307) 682-6699	The Counseling Center has a team of Licensed professional counselors that are trained in many areas including EMDR, grief counseling, marital and divorce counseling, trauma and substance abuse, coping skills and much more.
New Horizons Psychiatry	307-670-8048	New Horizons Psychiatry treats clients age 5-99+ They treat a multitude of disorders including ADHD, Impulsive disorders, Gender dysphoria, PTSD/Trauma and more. They also offer supplements and massage therapy.
Aspire Counseling LLC	307-363-4400	Aspire Counseling offers counseling in person or via telehealth. Counseling services focused on anxiety/depression, Court Ordered Mental Health Assessments, parenting support, family counseling, work and career issues and stress management are offered.

Medical Resources

Name	Contact Information	Services Offered
Gillette Reproductive Health	307-682-8110	This resource offers adolescent wellness exams, Contraception, Wellness appointments and counseling and referral resources.
Momentum Physical Therapy	307) 696-6045	Momentum treats injuries through rehabilitations. They offer dry needling, rehabilitation for shoulder, knee, back and other bodily injuries. They use cupping, aquatic therapy and advanced treatment for soft tissue injuries.
BestMed Urgent Care	(307) 370-1574	The urgent care allows for walk-ins offering services such as physicals, x-rays, medications, EKGs and sutures and fractures.
Health and Wellness Screenings	307.688.8051	Campbell County Health and Wellness allows for walk-in, low cost blood draws for a plethora of health issues. Patients can schedule anytime, online and check their results online.

Residential Placements and Treatment Centers

Name	Contact Information	Services Offered
Wyoming Recovery	(307) 224-9470	Wyoming Recovery helps individuals recovery from alcohol or substance addictions through inpatient or outpatient care. They utilize counseling, massage therapy, yoga, and acupuncture in their treatment programs.
Milestone Youth Home	307-673-0062	Milestone Youth home is located in Sheridan Wyoming. It is a residential facility for youth 10-17. It is through VOA Northern Rockies which also offers many services, i.e. homeless services, low income senior living, addiction treatment and more.
Personal Frontiers	(307) 686-1189	Personal frontiers provides services for substance misuse, mental health services and services for severe mental illness. They offer education, evaluations, an outpatient program and medications.
Cedar Mountain Center	307.578.2531	The Cedar Mountain Center is located in Cody Wyoming. For addiction recovery, Cedar Mountain offers inpatient and outpatient treatment, alcohol education, and detox education.

School Counselor Resources

Name	Contact Information	Services Offered
Wyoming Professional Teaching Standards Board (PTSB)	307.777.7291	Wyoming Professional Teaching Standards Board offers licensing information and professional development workshops.
Wyoming School Counselor Association	wysca1@gmail.com	WYSCA offers events for school counselors to attend and collaborate with other school counselors in the state. Resources are provided for school counselors on the website including clinical tools for suicide prevention and trainings.
Campbell County School District	307-682-5171	CCSD offers school counselors with student support services such as Safe2Tell, bullying prevention, homeless resources and suicide prevention.
The Wyoming Counseling Association	wyomingcounseling@gmail.com	WCA supports counselors and school counselors through virtual workshops, conferences and advocacy for school counselors through legislation.