

Liberty University's school counseling program has provided a wealth of knowledge when it comes to counseling strategies, program development, utilizing data, standards and competencies, and an overall understanding of the role of a school counselor. I especially benefited from the intensive courses and Practicum where I was able to apply what I was learning throughout my courses. Especially in my specialized courses, the skills and assignments were directly correlated to the classroom and were lessons that could be used when I enter the profession. I am looking forward to beginning the Internship portion of the program and deepening my knowledge of the role of a school counselor.

The progression of learning about and researching counseling strategies, to implementing them with students in a school setting was very rewarding. I have honed my skills of researching relevant peer reviewed materials to support counseling strategies and group counseling activities. From my courses, I have developed a personal toolbox that I can refer back to when I am a school counselor. I feel prepared to begin the profession with my knowledge of the ASCA National Model for program development, the ASCA Mindsets and Behaviors Standards and an ability to utilize student and school data to justify interventions for student success.

I have grown professionally during this time as I have been through some very difficult life events over the course of the program. Despite these difficulties, I have pushed through and given each course all of my effort. I believe I displayed several of the Dispositions including Commitment, Cooperativeness, and Social Responsibility. My ability to complete assignments in a timely manner and give my time and effort to projects reflects my Commitment. Additionally, I have grown in my Cooperativeness throughout the program. In my intensive courses, I interacted with my group during weekly zoom calls and outside of calls in order to be exceptionally prepared. I worked closely with my Practicum on-site supervisor to support students together. I

learned from her and took constructive feedback with a positive attitude. I have grown in Social Responsibility as I understand that each student comes with a unique cultural background that impacts the way they live and learn. I know that every student is capable of reaching full potential and success with the right tools.