

Needs Assessment Survey for Kindergarten Social-Emotional Lessons

This survey is designed to assess the need for implementing a 4-lesson social-emotional learning program for kindergarten students, focusing on emotional regulation, friendship skills, coping strategies, and teamwork, in alignment with the American School Counselor Association's Mindsets & Behaviors.

Please take 3–5 minutes to complete this brief survey. Your input will help determine the value of this program for your classroom, school, or child. This survey is completely anonymous and optional, but your input will greatly improve the quality of the lesson content provided.

Thank you!

Mrs. Shaffer, *school Counseling Intern*

* Indicates required question

1. How frequently do kindergarten students in your classroom/school struggle with identifying or expressing their emotions? *

Mark only one oval.

- ☐ Rarely
- ☐ Occasionally
- ☐ Frequently
- ☐ Almost always

2. How often do you observe kindergarten students needing additional support with forming positive friendships or navigating social situations? *

Mark only one oval.

- ☐ Rarely
- ☐ Occasionally
- ☐ Frequently
- ☐ Almost always

3. How well do kindergarten students manage frustration or other strong emotions in your classroom/school? *

Mark only one oval.

- ☐ Very well (rarely need intervention)
- ☐ Somewhat well (occasional intervention needed)
- ☐ Struggle often (frequent intervention needed)
- ☐ Struggle significantly (intervention needed almost daily)

4. How important do you feel it is to teach teamwork and cooperative skills at the kindergarten level? *

Mark only one oval.

- ☐ Not important
- ☐ Somewhat important
- ☐ Important
- ☐ Very important

5. In your opinion, would a structured program focusing on emotions, friendships, calming strategies, and teamwork benefit your kindergarten students? *

Mark only one oval.

- ☐ Not all all
- ☐ Slightly
- ☐ Moderately
- ☐ Significant

6. What areas do you believe should be prioritized in a social-emotional learning program for kindergarten students? *(Select up to two)* *

Check all that apply.

- ☐ Identifying and expressing emotions
- ☐ Building positive friendships
- ☐ Managing frustration or stress
- ☐ Teamwork and problem-solving

7. Would you support the implementation of a short, developmentally appropriate social-emotional program in kindergarten classrooms? *

Mark only one oval.

- ☐ Yes
- ☐ Unsure
- ☐ No

8. Do you have any additional feedback or suggestions for a program like this? *(Optional)* *

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Thank you!

Mrs. Shaffer, *school Counseling Intern*

* Indicates required question

1. How frequently does your child struggle with identifying or expressing their emotions? *

Mark only one oval.

- ☐ Rarely
- ☐ Occasionally
- ☐ Frequently
- ☐ Almost always

2. How often do you observe your child needing additional support with forming positive friendships or navigating social situations? *

Mark only one oval.

- ☐ Rarely
- ☐ Occasionally
- ☐ Frequently
- ☐ Almost always

3. How well does your child manage frustration or other strong emotions in your classroom/school? *

Mark only one oval.

- ☐ Very well (rarely need intervention)
- ☐ Somewhat well (occasional intervention needed)
- ☐ Struggle often (frequent intervention needed)
- ☐ Struggle significantly (intervention needed almost daily)

4. How important do you feel it is to teach teamwork and cooperative skills at the kindergarten level? *

Mark only one oval.

- ☐ Not important
- ☐ Somewhat important
- ☐ Important
- ☐ Very important

5. In your opinion, would a structured program focusing on emotions, friendships, calming strategies, and teamwork benefit your child? *

Mark only one oval.

- ☐ Not all all
- ☐ Slightly
- ☐ Moderately
- ☐ Significant

6. What areas do you believe should be prioritized in a social-emotional learning program for kindergarten students? *(Select up to two)* *

Check all that apply.

- ☐ Identifying and expressing emotions
- ☐ Building positive friendships
- ☐ Managing frustration or stress
- ☐ Teamwork and problem-solving

7. Would you support the implementation of a short, developmentally appropriate social-emotional program in kindergarten classrooms? *

Mark only one oval.

- ☐ Yes
- ☐ Unsure
- ☐ No

8. Do you have any additional feedback or suggestions for a program like this? *(Optional)* *

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Kindergarten SEL Classroom Guidance

Unit: Teacher Feedback Survey

Thank you so much for welcoming me into your classrooms and allowing me to implement the SEL classroom guidance lessons with your students. I truly appreciate your support and flexibility throughout this process. It has been wonderful to see your students engage, grow, and apply these important skills.

Your feedback is invaluable in helping me improve and refine these lessons for the future. When you have a few minutes, I would really appreciate if you filled out this survey (it is anonymous)!

Thank you again for your collaboration and dedication to your students' well-being! I have loved working with each of you.

As a brief reminder, the lesson topics are below :)

Unit: *Learn and Grow*

Together: Big Feelings and Big Friendships

- Lesson 1: Exploring Emotions
and BIG feelings (basic emotion identification)
- Lesson 2: Calm and Cool
(coping strategies for big feelings)
- Lesson 3: The Best Friendship
Builders (positive peer interaction, kindness, etc.)
- Lesson 4: Helping Hands (teamwork and paired problem solving)

If you have any questions, please feel free to let me know! Thank you again :)

Mrs. Shaffer

* Indicates required question

Overall Effectiveness

1. On a scale of 1-5 (1 = not effective, 5 = highly effective), how would you rate the overall effectiveness of the SEL guidance unit? *

Mark only one oval.

	1	2	3	4	5	
Not	☐	☐	☐	☐	☐	Highly effective

2. What aspects (activities, books, etc.) of the unit were most beneficial for your students? *

Student Impact

3. Have you noticed any changes in your students' social-emotional skills since participating in the lessons? *

Mark only one oval.

☐ Yes

☐ No

4. If yes, what positive changes have you observed? (e.g., better emotion regulation, increased teamwork, improved communication)

5. Were there any students who particularly benefited from these lessons (you do not need to provide names)? If so, in what ways? *

Lesson Material & Engagement

6. Did the structure and pacing of the lessons fit well into your classroom routine? *

Mark only one oval.

☐ Yes

☐ No

7. Would you recommend any adjustments to the lesson length, format, activities, materials, etc. ? *

Areas for Growth & Improvement

8. What could be improved about the SEL guidance unit? *

9. Are there additional topics you feel should be included in future lessons?

Final Thoughts

10. Would you like to see similar SEL lessons continued in the future? *

Mark only one oval.

☐ Yes

☐ No

11. Any additional comments or suggestions?

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