

School Counselor Resource Guide

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Hotline and Crisis Assistance

1. UPMC Resolve Crisis Services

1-888-796-8226 (24 hour hotline)

Services Offered: They offer 24 Hour crisis support. This includes crisis counseling for adults, teenagers, and their families. They have a center where you can walk in or make an appointment. Also, they have a mobile crisis team that can respond to any location at any time.

2. Allegheny County Assistance Office Mental Health Services

888-796-8226

Services Offered: They offer crisis support for anyone that is having suicidal thoughts, emotional issues and stress. There will be a trained mental health counselor ready to help you or the loved one you are calling for.

3. Butler County Mental Health Services

724-284-5114 or visit 124 West Diamond Street Butler, PA 16001

Services offered: They oversee all the mental health services in Butler County. They can put families in contact with the many different services that the community has to offer.

4. Victim Outreach Intervention Center

1-800-400-8551

Services offered: VOICE is a non-profit in Butler County that helps victims of sexual assault, rape, child sexual abuse, sexual harassment and domestic violence. They advocate for children and families by providing them with many kinds of advocacy. These include counseling, legal, medical, and community outreach.

Community Agencies (e.g. support services, food pantries, mental health services, child protective services, law enforcement information)

1. Butler County Children and Youth Services

724-284-5156

Services offered: The investigate potential child abuse of all kinds. Their goal is not to break up families but to try to keep families together. They will help families get the resources they need to succeed.

2. Southwest Butler Food Cupboard

724-453-4184

Services offered: The SBFC strives to provide families with all different kinds of food to help them have enough to eat during the month. Every family that reaches out to the SBFC can get up to 10 days of food per month to help supplement their meals. The food is provided on the 3rd Tuesday of the month at one of 9 local churches. The drive through times are from 6:30-7:30.

3. Cranberry Township Police Department

Emergency: 9-1-1

724-776-5180

Services offered: The police department will respond to emergencies but also serve the community in other ways. They offer fingerprinting services, towing, car seat inspections and much more.

4. The Lighthouse Foundation

724-586-5554

Services offered: They offer emergency housing for people and families that need a roof over their heads. Also, they have a food pantry for families that need food. They also offer a class that helps teach students about technology, how to apply for jobs, interview practice, and how to use Microsoft office.

Family Service Agencies/Parenting Resources

1. Family Care for Children and Youth

833-428-1454

Services offered: They offer foster care for children in need. Also, they offer kinship care, adoption, emergency placement, and respite care. They provide foster families the resources they need to take care of their foster child. The child and family are provided the resources to help their mental wellness, education, socialization, and transitions from home to home.

2. UPMC Childrens Hospital of Pittsburgh

412-692-7105

Services offered: They offer pregnancy/ OB classes for expecting mothers.

3. Bethany Christian Services

724-940-2900

Services offered: They offer pregnancy support, foster care, post adoption services and emergency foster care for families experiencing a crisis.

4. Wesley Family Services

412-820-2050

Services offered: They provide a wide range of different supports for children and families. These include helping with food insecurity, joblessness and housing.

Private Therapists, Counselors, Psychologist, and Psychiatrists

1. Psychotherapy Services of Cranberry

724-776-5690

Services offered: Dr. Bob Bodnar helps clients with overcoming anxiety, grief, ADHD, ODD, bipolar disorder, stress, anger management and more. He offers solution focused brief therapy.

2. Cranberry Psychological Center

724-772-4848

Services offered: They offer therapy, psychological evaluations, and med management. Also, they offer a wide range of treatment options when it comes to therapy. This includes cognitive behavioral therapy, marriage therapy, play therapy, art therapy, family systems therapy, trauma-focused therapy, psychodynamic therapy, psychoanalytic therapy and much more.

3. Dunlap & Associates Counseling

724-612-5338

Services offered: They offer individual counseling, adolescent counseling, couples counseling, and family counseling. They have 7 different counselors that offer a wide range of experiences and approaches to meet the needs of every individual, child or family that comes to them for help.

4. Child & Adolescent Clinical Associates

724-776-0350

Services offered: They offer consultation and assessments, treatment interventions, and they have a juvenile justice program. The juvenile justice program helps children that are

having a difficult time adjusting to their environments because of behavior problems.

This program helps children that have got in trouble with the law to get back to a normal life. This includes helping teens plan for careers by helping them with career readiness trainings.

Medical Resources

1. Growing Grins Pediatric Dentistry

724-473-4211

Services offered: They offer a large range of dental care for children and adolescents ages 0-18. Also, they are equipped to help children with special needs even after they are adults.

2. BAYADA Pediatrics

888-342-1410

Services offered: They are equipped to help children with any kind of medical need. Also, they offer adult and private duty nursing, adult care, personal care, and hospice.

3. FalconER Urgent Care

724-235-6000

Services offered: They offer appointments, or you can walk in. Their services include x-rays, covid testing, physicals, and weight loss services.

4. Butler Memorial Hospital

724-283-6666

Services offered: They offer a wide range of services to the whole community of Butler County and beyond. They can help with everything from drug and alcohol treatment to cancer treatment.

Residential Placements and Treatment Centers

1. The Arc of Butler County

724-282-1500

Services offered: They offer help and care for individuals with intellectual disabilities.

The Arc helps promote independence for adults with intellectual disabilities by offering them the opportunity to work at PARC productions. This is where these individuals can work and earn paychecks for the work that they do. They also have homes that these individuals can live in and by semi-independent.

2. Crossroads

800-805-6989

Services offered: They help individuals start on their path to recovery that have problems with substance abuse. They offer in person services and virtual options. Along with helping medically, they also offer counseling to help the individual stay on the path to recovery.

3. Ellen O'Brien Gaiser Center

724-287-8205

Services offered: They help individuals with substance abuse issues by using their addiction treatment program. They offer both outpatient treatment and inpatient treatment. The inpatient treatment offers individuals the opportunity to have access to help 24/7 until they can handle recovery on their own. They use evidence-based treatment, holistic approach, gender-specific care, and they offer a supportive environment.

4. Ward Home

412-673-5800

Services offered: This is a place where foster children can live while they wait for placement in a more permanent home. They help children and youth ages 16-20 that have been in the foster care system for most of their life. They help give these children a supportive environment while they figure out the path they want to take in the future.

School Counselor Resources

1. American School Counselor Association

703-683-ASCA

The ASCA supports school counselors by giving them information and resources that they can use to help their students. They offer professional development opportunities, advocating for the profession and peer networking.

2. Pennsylvania Department of Education

<https://www.education.pa.gov/Pages/default.aspx>

They provide the academic standards that teachers and school counselors follow to give students an standards based education. They also provide tools that help school counselors develop a comprehensive school counseling plan.

3. American Counseling Association

800-347-6647

They offer continuing education for counselors. They also support counselors by giving them many different resources on the ACA website.

4. PositivePsychology.com

<https://positivepsychology.com/>

They offer articles that counselors can read to help students. They also provide many different templates and forms that school counselors can use to use in their own counseling program.