

School Counseling Portfolio Template_22

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Part D: Competencies

Counseling Prevention & Intervention

Standards	Counseling Prevention & Intervention	Artifact(s)
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CACREP
 (F.3.g.;
 F.5.b.-F.5.n.;
 F.6.a.-F.6.g.;
 G.2.e.;
 G.2.g; G.2.i.;
 G.3.f.;
 G.3.h) Intern
 independently
 applies
 self-evaluation
 and reflection to
 improve
 counseling skills.

CAEP
 (A1.1d,f) Evaluates and
 suggests
ASCA
 (M-1, M-2, programming
 M-4, M-7, changes that
 B-PF 6, B-SS improve service
 1, B-SS delivery.
 2, B-SS 3)

VDOE
 (2; 3; 4; 5a-c; Demonstrates
 6a-c; self-awareness,
 7a-d) sensitivity to
 others, and the
 skills needed to
 relate to diverse
 individuals,
 groups, and
 classrooms.

CEFS PLO
 (2; 3)
MCCE
 (1.C; 2.A-C)
ISTE
 (1c; 3a; 4d; 6a) Provides
 individual and
 group counseling
 and classroom
 guidance to
 promote the
 academic, career,
 and
 personal/social
 development of
 students.

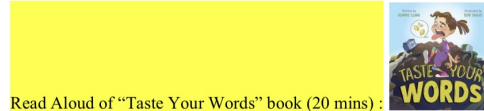
Designs and
 implements
 prevention and

Classroom Guidance Lesson Plan: Taste Your Words

Mindfulness Video (5 mins) :

<https://www.youtube.com/watch?v=YCe-WQbMWhw&t=1s>

Ice Breaker/Check-in (5-10mins) : While using talking piece, present the question “What is your favorite food?” Without talking piece, ask a few students what their LEAST favorite food is. Tell student to remember the foods they chose.



Read Aloud of “Taste Your Words” book (20 mins) :

<https://www.youtube.com/watch?v=Ytr-m72Tlqc>

Play read aloud video while stopping periodically to ask questions and promote discussion. Open discussion at the end of the video about book and the value of words and how certain words should never be said. Some examples of positive words are presented

Food Sorting Coloring Sheet (10 mins or end of class period) : Student will draw foods they like on one side and foods they don't like on the other side to differentiate which foods would taste like positive words and which foods negative words would taste like.

Name _____	

intervention plans related to the effects of (a) atypical growth and development, (b) health and wellness, (c) language, (d) ability level, (e) multicultural issues, and (f) factors of resiliency on student learning and development.

Demonstrates the ability to use procedures for assessing and managing suicide risk.

Demonstrates the ability to recognize his or her limitations as a school counselor and to seek supervision or refer clients when appropriate.

This is a copy of a lesson plan I used for classroom guidance. This lesson prevents inappropriate words and bullying in the classroom. Intervention is also part of this lesson since the class I used it in was having issues with bullying. Lessons following this one included plans and ideas for student to improve their behavior. Psychological first aid training is essential to prevention and intervention.

