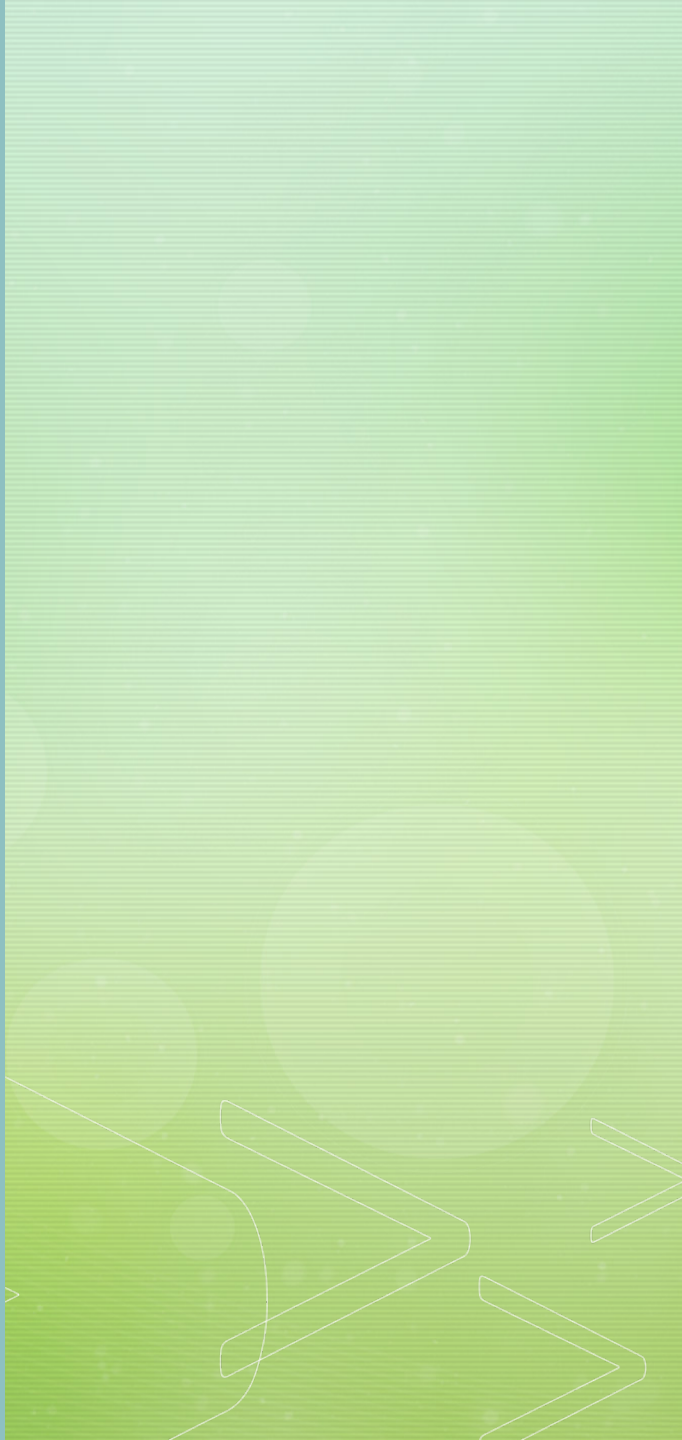




Cultural Immersion Project

By: Megan Arnold



What is the difference between Immigrants and Migrants?

- Immigration means moving to a country permanently.
- Migration is a moving to a place momentarily.

Four Key Elements

- Common Beliefs
- Customs, Practices, and Behaviors
- Spirituality
- History





Family
orientated and
engaging
families in
educational
activities.





Making homemade tortillas.



Migrant
workers
housing

Tobacco



NC FARMWORKER HEALTH PROGRAM 2019*

The North Carolina Farmworker Health Program works to **improve the health of migrant and seasonal farmworkers and their families** by providing funding, training, and technical assistance to a statewide network of outreach and health care providers.

Farm work is one of the most dangerous occupations in the US

There are over **80,000** farmworkers in NC

Farmworkers are at **INCREASED RISK** for:

- Heat-related illness
- Pesticide exposure
- Musculoskeletal injuries
- Green tobacco sickness
- Uncontrolled chronic illness
- Untreated depression and anxiety

But face many **BARRIERS TO CARE:**

- Transportation
- Cost
- Language
- Long work hours
- Frequent migration
- Discrimination
- Geographic and social isolation



Our program supports **8 sites**
Reaching **56 counties**

Skilled **outreach teams** find farmworkers and their families in rural areas, assess their health needs, & provide and link them to care through:

- ✓ Interpretation
- ✓ Health Education
- ✓ Transportation
- ✓ Case Management



9,675



Men, women and children from farmworker families served in 2018

2,928
Medical visits

1,721
Dental visits

954+
Patients seen on a mobile unit



13,041 Health education sessions on **64** different topics including pesticide safety, heat illness prevention, sexually transmitted infections & DWI

3,219 low-cost prescriptions dispensed with a **cost savings** of **\$226,956**



Part of the NC DHHS Office of Rural Health, Raleigh, NC.
For more information visit www.ncthp.org
*reflects calendar year data for 2018



Sweet potatoes

Cucumbers



Counseling Theories

- Person-Centered
- Cognitive Behavioral

